Principal’s Report

Only a few weeks to LPC (Learning Performance Citizenship) week! Our approach is quite unique and it is clear that what occurs during this week helps to define our school. Work experience for year 10, 11 and some year 12 students is highly valuable as these students get real hands-on engagement with the work place. Even if students don’t end up in that field of employment in the future, the experience is very worthwhile and helps our students appreciate what will be required of them in the future.

Of course, the year 9 camp is a huge part of LPC week and it has been running for over 30 years. I am fairly confident that we are one of a very few schools who undertake such a venture. This camp provides not only folklore for generations of Home Hill students, but we believe it is a core element of why our kids shine. The experience puts students in challenging, but achievable situations where the comforts of home are replaced by real outdoors experiences. Students have to cook on open fires, do an overnight trek, sleep in tents, shower in basic facilities and simply have the time of their lives. I am really looking forward to my first overnight hike!

For our year 8s, LPC week provides a variety of valuable educational experiences that are conducted in a different context. Much work has been put in by staff to build this program and we even invite the year 5s to come along and experience high school.

For the contingent of year 12s heading to Canberra and the snow, enjoy your experience – your last camp before concluding your senior studies. Once again, another piece of Home Hill history that continues on and contributes to that wonderful fabric which is our school culture.

As the year draws closer to the end, I am constantly reminding students of their commitment to their studies and need to work as hard as they can to achieve the best they can. We will not allow students to ‘slacken’ off and need parents and carers to work with us to ensure students are completing assessment and being well prepared for school.

A reminder about our uniform – we have great pride in our appearance and have a dress code in place. In particular, we expect students to wear the correct school socks (white with green and gold band), they need a HSHS bucket hat and students can only have a maximum of 2 plain stud ear-rings per ear. We have been liaising with the uniform suppliers to rectify a problem where girls’ shorts have been sold which are far too short. The simple guide is the length must be half way between hip and knee. Please remember this and the preferred colour of shoes being black, for preparation for 2015.

Finally, if your child is finishing school or has outgrown their uniform, please consider donating it to the school clothing pool. Second hand uniforms, in reasonable condition, are always welcome. These uniforms are much appreciated by many families as well as those students who have accidents with paint etc. at school. Please leave your second hand uniforms with the ladies at the office.

All the best for the upcoming holidays!

Steven Miskin
Over the last few years Home Hill State High School has been supporting students who elect to undertake a school based traineeship (SAT). Students attend school in years 11 and 12 and at the same time complete a workplace traineeship. Currently one of our students – Alanna Lazzarini – is completing a school based traineeship with Wilmar Invicta as a cadet draftsman. Recently Alanna was selected as the North Queensland Regional Finalist and, as such, she attended the 2014 Queensland Training Awards. Here is her account of her experience. (Photo supplied by Lori Nielsen Photography)

For over 50 years the Queensland Training Awards has recognised the significant contribution to the wider Queensland community and economy by Queensland’s vocational education and training sector and have awarded the outstanding achievements of individuals and organisations within the vocational education and training sector, who demonstrate and strive for excellence, best practice and innovation.

On 16 December last year the nominations for the 2014 Queensland Training Awards opened and closed on 4 April 2014. The training co-ordinator of Pioneer Mill, Jim Anderson, nominated me (Alanna Lazzarini) in the category of School-Based Apprentice or Trainee of the Year. From this nomination I underwent two interviewing processes. The first interview process determined whether or not I was to be shortlisted. Once shortlisted nominees then proceeded to the second interview stage. This interview stage was to select the three nominees to advance as regional finalists. With the continuous support of my family, friends and work colleagues I was successfully shortlisted and was selected as a regional finalist.

The North Queensland Regional Final Presentation Ceremony was held at Jupiters Casino, Townsville on 26 July. On the night, all finalists for the Queensland Training Awards were present. I was privileged to have the Master of Ceremonies, Glenn Mintern, commonly known as ‘Minty’ from 4TOFM seated at my table. The entertainment for the night was provided by the Townsville Academy of Performing Arts.

The School-based Apprentice or Trainee of the Year is awarded to recognise outstanding achievements made by Queensland school-based apprentices or trainees. This award was sponsored by Training and Assessment Mentor (TAM). Although unsuccessful in being awarded the regional winner, I was presented with a certificate of recognition as a North Queensland Regional Finalist. I am thankful to the Outsource Institute of Technology and Home Hill State High School for providing me with the opportunity and support to participate in a school-based traineeship. I’m also grateful to Wilmar, in particular Craig Woods (Invicta Mill Manager) and Jim Anderson (Pioneer Training Co-ordinator), for my nomination and ongoing support in my chosen career.
By Katherine Hookey, Indigenous Leader

The theme for NAIDOC 2014 is “Serving Country: Centenary and Beyond”. A group of students from our school were encouraged to attend a NAIDOC Community Breakfast at Clove Restaurant on Friday August 1. The guest speaker was Mrs Joanne Clark, a Townsville-based Indigenous soldier in the Australian Army.

On Monday August 4, Katherine Hookey addressed the whole school with a poem “The Coloured Soldier” and then spoke on the Indigenous men and women who have and still are serving this great Country, Australia.

The next day was our Celebration Day, we were entertained by the Shalom Christian College dancers as well as our Hibiscus Hula Dancers. Mrs Leah George (School Based Nurse) and her group of budding chefs prepared the food for the day. On the menu was Wallaby Stew and Dumplings, Roast Wallaby Legs, Tuna Bake, Pumpkin Soup and for dessert we had Creamy Rice Pudding as well as Bread and Butter pudding. Police Liaison Officer, Zaleia Lammon also got involved in the day by helping with the painting and performing in the Hula dance. Querida Zaro showed students how to make grasshoppers and windmills out of coconut leaves.

I would like to thank everyone who helped in making this a special day.

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Melbourne Cup visits Home Hill

The Victoria Racing Club recently announced Home Hill as one of 34 official 2014 Emirates Melbourne Cup Tour destinations. The gold Emirates Melbourne Cup trophy will arrive in Home Hill on Saturday 20 September 2014, as it makes its way across Australia and New Zealand to enable locals to experience first-hand the magic and history of the Cup ahead of the Melbourne Cup Carnival. The tour will be accompanied by Melbourne Cup veterans and racing legends who will share their personal stories with locals throughout the Tour.

A community fun day is being held at the Burdekin Race Club from 12pm on Saturday 20 September. Organisers are currently looking for students interested in providing musical entertainment at the fun day. Please contact Eliza at the Council on 47839831 if you are available to assist. A short story competition is also being held as part of the event. There are two categories for the competition – Junior ages 13, 14 & 15 and Senior ages 16 & 17 – 1st prize in each section will receive $100 and 2nd prize will receive $50. Entry forms will be distributed to all students.
WORK EXPERIENCE

Students in years 10, 11 and 12 who are participating in our work experience program have now been given their contracts and from 15 to 19 September, as you visit your local businesses, you will see our students learning workplace skills. Thank you to all of the businesses who support our work experience program.

Free Literacy Mentor Training Workshop

Parents/Guardians, Grandparents and community members - Please consider the Free Literacy Mentor Training Workshop at PCYC Ayr on Thursday 11 September (see advertisement). Important skills to have and the training would be an excellent addition to your resume!
News and Competition Information

Information on competitions and the latest news is available on the Home Hill High Online catalogue wherever you have access to the internet.

Link to the HHSOnline Catalogue

http://homehillshs.cmeweb.libcode.com.au/#_1

Or find the quick link on the HHS website

https://homehillshs.eq.edu.au/Pages/default.aspx

Holiday Reading Competition

Students who borrow a book for the holidays and return it on the first day back of term 4 go in the draw for a prize in the Holiday Reading competition. There are many brand new titles available for loan!

2015 Premier’s Anzac Prize- Win a trip to Gallipoli, France and Belgium!

The once in a lifetime prize covers travel, accommodation, insurance and meal expenses. Students in years 8 to 11 have until 19 September to lodge a submission.

For more information visit www.education.qld.gov.au/anzac-prize or see Mrs Todeschino Teacher-Librarian.

Tuckshop hours to be cut!

Surely not! But that’s the reality unless we get more volunteers.

The Home Hill SHS tuckshop is in desperate need of volunteers. We need at least six people. Parents, guardians, aunts, uncles or grandparents are all welcome.

If not enough volunteers come forward, it is anticipated that the tuckshop days will be reduced and no-one wants that! The tuckshop provides great service.

The tuckshop roster normally only requires your time once a month, so if you can spare between 10:30am to 12:00pm it would be greatly appreciated. Remember it all benefits your students and it’s a great social event.

Please contact the office on 4790 5666 if you are able to help.
In the lead up to the Athletics Carnival, each year our students participate in a “Spirit Day”. Led by their intrepid sports captains, Beachmount, Inkerman and Upstart fiercely contested a number of ball sports on the oval. In a great display of team spirit and sportsmanship, all the houses excelled and were fired up for a fantastic sports day on Friday 8 August.
The day had finally arrived…it was the mighty, mighty Interhouse Sports Carnival! Home Hill High students were keen as ever to get down to the oval on 8 August to bring their house to VICTORY! Talking about teams, the six house captains had to choose their theme for the annual Sports Carnival. This year’s themes were; Beachmount ABC Kids, Inkerman YELLOW and the Aussies were Upstart. This year’s Sports Carnival was said to be the best ‘participating’ year they had seen in ages! Before the day commenced Beachmount was in the lead by 20 points from pre-runs and Spirit Day, while Upstart and Inkerman were battling it out for second place, Upstart narrowly pulled ahead and Inkerman was close behind.

On the day everyone saw some amazing sporting abilities and incredible sportsmanship! We saw kids display how high they could jump, how far they could throw, how far they could jump and how fast they could run! While other kids were participating, the teachers, staff and parents could also see the amount of cheering and encouragement everyone was giving each other.

Age Champions:
13 years: Reece McCubben & Sophie Sibson
14 years: Brody Smith & Erin Grimbaldeston
15 years: Rory Heatley & Alana Swindley, Elly Caspanello
16 years: Chris Previtera & Mikayla Warcon
17 years: Josh Previtera & Kate Neal
Congratulations all Age Champions!

We also had many records broken on the day. Congratulations to all record breakers.

After a well-supported day, it was time to see who had won the overall prizes (Overall House Winners & Spirit Award). Beachmount proved that participation is the key, taking out the carnival with a convincing 1040 points. Upstart 910, narrowly defeated a much improved Inkerman on 909 points. The Spirit Day trophy was awarded to Inkerman. Well done to all the teams and their house captains for all their support and help on the day.

Congratulations to the organising staff. The students enjoyed an amazing, if somewhat windy, day of competition and sportsmanship. We were then eager to meet Ayr SHS and Burdekin Catholic High at Home Hill on Friday 22 August for the Interschool carnival. Go Home Hill! Mackenzie Falco
On Friday 22 August, Home Hill SHS hosted the Burdekin Interschool Athletics Carnival. The weather and grounds were obviously perfect on the day as 12 records were broken! Burdekin Catholic High (715) just pipped Ayr SHS (697.5) for the major trophy, while Home Hill won the Aggregate trophy with 588.5 points. Congratulations to Mrs Becke and her team for organising a very successful day and to all the students who displayed their amazing sporting abilities and sportsmanship.

Age champions:

13 years  Aliza Fabbro (BCHS); Jaksyn Bonanno (BCHS), Jayden Caltabiano (ASHS)
14 years  Sharni Wight (ASHS); Wesley O’Rourke (ASHS)
15 years  Bianca Pontarelli (BCHS); Liam Vitale (ASHS)
16 years  Karina Thompson (AHSH); Chris Previtera (HHSHS)
Open     Kate Neal (HHSHS); Josh Previtera (HHSHS)

Records set by Home Hill students:

Chris Previtera - Boys 16yrs 800m, old 2:12.45 (C Patterson ASHS 1991), new 2:12.25
Boyd Spalding - Boys 16yrs shot put, old 13.57m (G Satori BCHS 2002), new 14.52m
Kate Neal - Open long jump, old 4.98m (L Cornford ASHS 1989), new 5.05m
Jacklyn Walters - 15yrs javelin, old 24.69m (M Barbagallo ASHS 2012), new 24.79m

Some students are bringing caffeinated energy drinks to school – these are not welcome and not appropriate for our setting. Please ensure students do not bring them to school.

Thanks, Mr Miskin
Home Hill SHS recently had two talented young ladies representing the school at state trials in the NQ U15’s football team; Elly Caspanello and Alana Swindley. Elly proudly lead the team as captain and Alana has been selected to represent a state team to tour Japan next month. Well done girls and good luck to Alana in Japan!!

アラーナさん、サッカークイーンズランド代表選出、おめでとうございます。

A ra – na sa n, Sa k ka - ku i - n zu ra n do daiyou sensyutsu O me de to u go za i masu.

健闘を祈ります！ (Which means ‘Congratulations and good luck playing your sport’)
Kentou o inori masu

Thank you to Sensei Shirakoma for the translation.

As for our own Karrie Webbs, Nicola Williams and Emily Cannavan also travelled away for NQ golf in Brisbane in July. Nicola made the top 20 and Emily gained some great experience on a very difficult course (watch out for those water traps Em!!).

Locally, the Interschool touch season has just finished with Home Hill finishing second in the Open girls and tied for first with Ayr High on 10 points in the Open boys. Unluckily for Home Hill, the Ayr boys won on ‘for and against’. The year 8 boys were well represented and the U15 girls and boys found their form towards the end, with the 15 girls committed to training at lunchtimes with Mrs Todeschino. Unfortunately the school was unable to fill a year 8 girls’ team. Thank you to all the teacher coaches who put the time and effort into coaching, transporting and encouraging our students to be involved in sport.

Well done to our Home Hill representatives who helped out Ayr High and BCH in the rugby 7’s competition. Druce Becke played for 3 consecutive weeks with Ayr High, Michael Rossato played a round for Ayr and Aaron Benato showed his newly formed skills in union instead of league with BCH – even scoring a try.

The only NQ trials left for this year are Athletics trials, however some sports send out their trial information during term 4 for early term 1, so remember to keep listening to the morning notices for sporting information or see Mrs Eathorne for more details on NQ trials. Next term will be U15 girls’ softball, and cricket will start in week 2. Good luck to all the students who will be representing the school at NQ trails on Friday 5 September in Townsville.
National Science Week is an annual festival of science that takes place in August each year. This celebration aims to raise the profile and increase the public understanding and public appreciation of science, innovation, engineering and technology, and their role in maintaining and improving our society, economy and environment.

Home Hill State High School contributed to National Science Week celebrations by organising and participating in a diverse range of activities and events. These activities included an annual solar viewing for students and community, an Astronomy Night, mousetrap car construction and racing competition between students and parents, Growers Video Competition and a Brain Break Quiz for staff and senior students testing science trivia at morning tea.

It provides an opportunity to acknowledge the contributions of Australian scientists to the world of knowledge. It also aims to encourage an interest in science pursuits among the general public and to encourage younger people to become fascinated by the world we live in.

To mark the start of National Science Week, students were informed of their success in the National Science competition.

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<tr>
<th>Year 8</th>
<th>Merit</th>
<th>Credit</th>
<th>Distinction</th>
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<tr>
<td>Year 8</td>
<td>Craig Becke</td>
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<td></td>
<td>Caleb Ferrando</td>
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<td>Rachael Kiehne</td>
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<td>Tayla McKaig</td>
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<td>Year 9</td>
<td>Paul Marano</td>
<td>Nikita Fabian</td>
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<td>Elena Postma</td>
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<td>Year 10</td>
<td>Sam Marano</td>
<td>Georgia Dahlenburg</td>
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<td>Andi Gelling</td>
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<td>Kieren Paddison</td>
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<td>Patrick Ryan</td>
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<td>Mikaylah Wall</td>
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<td>Year 11</td>
<td>Druce Becke</td>
<td>Troy Shand</td>
<td>Christina Postma (top 7% of state)</td>
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<td>Rachel Marano</td>
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<td>Ben Walters</td>
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<td>Year 12</td>
<td>Jackson Dahlenburg</td>
<td>Reece D’Alessandro</td>
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<td>Joshua Previtera</td>
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The Growers Video Competition was created to encourage local growers and their families to develop a short, 3 minute video showcasing an aspect of science and technology used in producing their product. The videos were judged by a panel comprising of students, teachers and scientists with the winner receiving $100 for their efforts. Congratulations to Stuart and Anne McCubben (left with science teacher Sandi Thomas) whose winning video explained cane farmers’ use of micro-organisms to condition the soil.

Parents were also invited to compete against the year 8 students in designing and racing a Mousetrap Car. The winning entry was from Rachel Kiehne, Jakson Garner and Reece McCubben.

A Solar Day was organised for Tuesday 9 August where students could view and learn about the sun in an entertaining way.

An Astronomy Night was held on Wednesday 20 August. The wonders of the Universe were viewed through the school’s magnificent 20” telescope.
Recently, the following seven students participated in the annual Townsville and District Japanese Speech Competition:

Year 8 division: Aimee Gibson and Hannah Paneccasio
Year 9 division: Catania Musumeci and Nikola Poli
Year 10 division: Karli Linton and Samantha Burbidge
Year 11 division: Mikaylah Wall

I am very proud of these students, because many of them have been working on their speeches since the start of the school holidays. Their hard work and enthusiasm certainly paid off in terms of the results of the day. Each division was very competitive, with some having more than twenty students from a variety of schools from Townsville. But despite stiff competition, Mikaylah Wall came third in year 11 division (even though she is in year 10!) and Catania Musumeci came third in the year 9 division. Special mention must go to Nikola Poli who won the year 9 division! It was a great result for Home Hill, especially as it is only the second year we have entered. Well done to everyone! 😊
Thursday 7th August, 2014

Mr Steven Miskin
Home Hill State High School
First Street
HOME HILL, Qld 4806

RE: 2014 JCU Get into Uni Year 10 Residential Camp

Dear Mr Steven Miskin,

James Cook University Get into Uni Year 10 Residential Camp

It gives me great pleasure to inform you that the 2014 JCU Get into Uni Year 10 Residential Camps were an immense success. Steven Millington, Kieren Paddison, Toni-Lee Sawyer and Bryony Williams were an absolute delight to have on the program and were exemplary ambassadors for Home Hill State High School.

Over the two camps, we hosted a total of 185 students from 40 HEPPP* priority schools across the North and Far North Queensland regions. Students were engaged in a range of activities, from sample lectures, subject tasters and a moot court, to team building challenges, and creative activities, all of which aimed to provide a first-hand experience of university life for the students.

Perhaps the strongest memories your students will have is of the new friends that were made and their interactions with our JCU Student Ambassadors. We saw them all flourish over the week and build their confidence in their own abilities as future students.

I have attached photos of your students from Graduation night where our special guest Vice Chancellor of James Cook University, Professor Sandra Harding, presented all students with their certificates.

I’d like to personally thank you for encouraging your students to attend the Camp and for supporting them in their preparations. We look forward to your students becoming Get into Uni Ambassadors in your school, and in their community, and continuing to strive to achieve all that they aspire to do and be.

Yours sincerely,

Mikaela Dockrill
Team Leader, School Engagement

*HEPPP: Higher Education Participation and Partnerships Program education.gov.au
Rotary Mock Interviews

Once again the school in conjunction with the Rotary Club of Home Hill will be conducting Mock Interviews for students in years 11 and 12 who wish to take part. If you are likely to be seeking a job, an apprenticeship or traineeship or scholarship in the near future a “Mock Interview” will help prepare you and give you confidence for the real experience.

If you wish to take part in this worthwhile experience, you need to put your name on the list in the general office together with your chosen vocational area. If you intend to go to a university or TAFE, then you can apply for a scholarship (even a hypothetical one) to help you through your studies.

Registrations have closed, but if you would like to take part in this worthwhile experience then you can still register at the office by 10 October. The interviews will take place on Wednesday 24 October.

An information kit will be available from the office when you register.

Year 12 Civics Citizenship and Physical Education Tour

Dear Parents

Australian Government assistance for National Capital excursion

Students from our school will soon undertake an educational tour of the national capital. While on this tour they will participate in a variety of educational programs focused on Australia’s history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit their National Capital as part of their Civics and Citizenship education. To assist you in meeting the cost of the excursion, the Australian Government will be contributing $120 in funding under the Parliament and Civics Education Rebate (PACER) program toward the travel expenses incurred. This contribution will be paid directly to the school upon completion of the excursion.

We would like to thank the Australian Government for their support of this program.

Activities that will be undertaken as part of this educational tour will be covered in the October Newsletter. We hope that the excursion is a rewarding experience for all students.

Yours sincerely
Anne Kerr
**Year 11 & 12 Hospitality**

**Smart Skills Training**

During the first and second weeks of this term, a group of year 11 and 12 Hospitality students reported to the bar of the Home Hill Bowls Club to complete their Bar Course for Vocational Education and Training. The students that completed the training were Danielle Shepherd, Kali Totorica, Amber and Mariah Johnson, Shirley Steinhardt, Michael Torney, Bridgette Hill, Teik Gale, Rebecca Moody, Brooke Lennox and Katherine Hookey. There was lots of hands-on experience and a stimulating learning environment.

Firstly the students completed a module in “Responsible Service of Alcohol” and then they went on to complete “Clean and Tidy Bar”, “Operate a Bar”, “Process Financial Transactions” and “Serve Alcoholic Beverages to Table”.

Experienced trainer and assessor Stuart Dawn from private provider “Smart Skills Developing People” commenced the week with a very inexperienced team of workers. After 6 days of training from 8.30am to 4.00pm each day the students were allowed to develop and refine their skills sufficiently to allow them to host an informal function for teachers, family and friends at the Bowls Club. This was an excellent opportunity for the guests to sit back, relax and admire their expertise.

The year 12s have already completed restaurant service in 2013 and year 11s will be able to complete this training in 2015. Many of the students are presently in work placement in Burdekin Hospitality venues where they are using their restaurant and/or bar skills. This provides excellent opportunity for part time work while at uni or full time work after leaving school. All of these students received their certificates of competency on parade this week.

**Rotary & Lions’ Dinners**

Immediately following their Smarts Skills Bar Training, the hospitality students were very busy, planning and preparing for their event management tasks. This term, the events planned were the Rotary and Lions Dinners on Tuesday 12 and Tuesday 26 August.

For these dinners the students set up the school dining room as a restaurant and prepared and served a delicious three course menu to approximately 27 Rotary members and their guests and 31 Lions and guests. The menu included these exciting choices:

**ENTRÉE:** Roasted Tomato and Sweet Potato Soup, Pea and Ham Soup and Pork Larb.

**MAIN:** Rack of Lamb and Chilli Mint Sauce, Beef in Red Wine Pot Pie, Chicken Parmigiana and Crispy and Sticky Chicken Thigh with Squashed New Potatoes and Tomatoes.

**DESSERT:** Crème Brulee, Cherry Ripe Mousse, Raspberry Panna Cotta, Baked White Cheesecake, Jamie Oliver Pavlova and Chilled White Chocolate Swirl Cheesecake.

The menus were warmly received by our customers. The students put their recently acquired bar service skills into practise when they prepared and served wine and fruit punch to our guests.

Students who eagerly participated in these very rewarding and fun events were, Danielle Shepherd, Kali Totorica, Amber and Mariah Johnson, Shirley Steinhardt, Michael Torney, Bridgette Hill, Teik Gale, Rebecca Moody, Brooke Lennox and Katherine Hookey.

Congratulations to these students for their combined team effort and dedication to the success of these events.

Thank you also to Joanne Lewty, Rhonda Williams, Dee Musumeci, Vanda Hodder and Jenny Lipsys who were of invaluable assistance to Mrs Kerr and the students on the night.
Hospitality Work Placement

The year 11 and 12 Hospitality students are presently undergoing five weeks of work placement as part of their course. For approximately three hours a week from week 4 to week 8, these students are placed in hospitality venues such as Swae & Ivy Bar and Restaurant, Lower Burdekin Home for the Aged - Home Hill & Ayr, Clove Restaurant, Dee and Vee's Takeaway, Burdekin Motor Inn, Crown Hotel, Home Hill Café and Catering and Chill Parlour Ayr. The students gain an understanding of positions and responsibilities in the hospitality industry and put into practise knowledge learned in core modules and their Smart Skills course. We must congratulate the students on their effort and enthusiasm and sincerely thank the local businesses that have generously supported our program again this year.

MATHEMATICS DEPARTMENT

“Girl Power”

How confident are you? Give yourself a rating from 1-10. Wow, that “8” you’ve given yourself looks fairly good.

Now imagine this scenario. You are invited to go to an unfamiliar location. There, before a large group of relatively unknown people, you are asked to rapidly answer two hours of mathematical questions, most of them without a calculator or working paper. At times you are asked to work alone, holding up the answer written large enough for all to see. At other times you need to clearly speak the answer out, remembering to add the correct units. Would you be confident enough to join this team?

Well Home Hill SHS had eight young ladies volunteer to compete in the Burdekin round of the QAMT Year 8 Interschool Mathematics Quiz. Even though we did not win this year, I am extremely proud of this group of students. These girls are confident in themselves and their mathematical ability. They worked well as individuals and in their teams. They are resilient and persistent. They gave their best until the very last question. And did I mention happy? Extremely happy. Couldn’t be happier! At the end, when we took the team photo, anyone walking into the room would have thought we had won. And I suppose in a way we were winners: stepping out, taking a risk, and having a go.

By the way we did score the most points in the rapid fire, mental arithmetic section of the quiz.

Those who participated were: Team A – Aaliyah Calder, Emily Grabb and Rachel Kiehne, Team B – Tayla McKaig, Chelsea Wall, and Sophie Sibson. Reserves: Louisa Daley and Natasha Langridge.

Mr Lipsys (Maths Coach)
All the latest apps you need to know about

Taken from Cybersafety solutions - GenerationNEXT

Ask.fm  Age requirement 13+
Is a Latvia based social networking site, users can ask each other questions with the option of anonymity which most users do. Because of the anonymity it encourages nasty questions and can be used to bully and harass, there have been several suicides overseas linked to the site.

Instagram  Age requirements 13
Instragram is a online photo/video sharing site, users can choose to share privately. If location services are set ‘on’ your device then the GPS position of where you were when you took the picture is easily obtained. This is used for cyberbullying, so ensure full privacy settings are enabled.

KiK  Age restriction 17+  No 1 app for Predators
KiK is a messaging app that is free, it is the number one app causing problems in schools at the moment as younger kids are using it behind their parents back so there is a large number of young and vulnerable kids and it is a haven for online predators. Police around the world regularly warn about this one.

Omegle  Age restriction 17+
Omegle is a free online chat website that allows users to communicate with strangers without registering. The service randomly pairs users in 1:1 chat anonymously and has extensive sex chat/video and you can guess the rest.

Qooh.me  Age restriction 13+
Qooh.me is a social site that allows people to ask you anonymous questions so they can get to know you better. Best to avoid as anonymity causes problems.

meSpring.me  Age requirement 13+
Spring me is the new name for an ask me anything site. Has been linked to several cases of youth suicide. Avoid.

Snapchat  Age restrictions 13+
Snapchat is a photo messaging app which allows users to take photos, record videos, add text and drawings and send them to a controlled group of recipient’s, this image is displayed for a certain period of time then is hidden from the users screen, but it is retrievable if required. Snapchat is fun and harmless when used appropriately, but when teens use it for naked or semi naked pictures, it can cause serious problems for those involved.
**Tumblr Age restriction 13+**

Tumblr is a blogging site that allows you to post, comment and share your thoughts about anything that interests you. You can follow other users to see what they are posting about. The site encourages creativity and allows others with similar interests to connect. It is now known as a haven for those who are depressed, suicidal or self-harming. Use of this site needs to be monitored closely.

**Apps from overseas to be aware of:**

**Confide Age restriction 13+**

Is a messaging app similar to Snapchat, where the message disappears. This encourages people to ‘go off the record’ and ‘say what you like’ as the message is confidential, which it isn’t. This site can be used for cyberbullying as they think they won’t get caught.

**Popcorn chat**

Allows users to privately chat with people within a 1.6km radius, its purpose is to allow you to discover who is around you. Predator alert! The Itune app encourages students to use it at school when they are board.
Did you know?

Children who bully are more likely to:

- do poorly in school
- turn to violence as a way to deal with problems
- damage property or steal
- abuse drugs or alcohol
- get in trouble with the law

Here are 10 positive actions you can take

Stay calm - Avoid blame and focus on potential solutions.

Talk with your child - Let them know firmly that bullying is unacceptable and that it must stop.

Ask why - Try to find out if there is something troubling your child either at school or at home.

Get on board - Take it seriously. Support the school policy.

Set clear, but reasonable rules - Reward good behaviour and follow through with consequences.

Monitor your child - Supervise your child and give them immediate feedback on their progress.

Create a respectful home - Encourage respectful and kind actions between family members.

Spend time with your child - Nurture your relationship and model positive ways of dealing with conflict.

Make a commitment - Support your child's efforts to improve.

Get help - If things don't improve, it's a good idea to seek professional advice.

Remember, the times when our children challenge us are the times when they need our respect and support the most

Help lines and other support

Parent Helpline 1300 364 100

Youth Healthline 1300 13 17 19

Kids Helpline 1800 55 1800

Find a psychologist service

Search for a psychologist in your area: 1800 333 497 or online
<www.psychology.org.au/findapsychologist/>
Children who bully

Children who bully often show other problematic behaviours

- Attention deficit/hyperactivity disorder
- Conduct problems
- Oppositional defiant disorder
- Depressive disorder

Bullying is considered a stepping stone for criminal behaviours

50% of all children who bully have police contact as an adult

Family factors can contribute to bullying behaviours

- Permissive child-rearing
- Use of physical punishment
- Inconsistent and lax disciplining style
- Low levels of parental affection and sensitivity
- High levels of family conflict
- Low family cohesion and care

Parental involvement in school = fewer school-related problems